

IMMACULATE CONCEPTION PARISH

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Maplewood, Missouri 63143

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We, the members of Immaculate Conception Parish of Maplewood, Missouri, are a vibrant, diverse and growing Catholic community, welcoming and serving all, faithfully and compassionately in Christ.

PARISH PASTORAL STAFF

Father John Paul Hopping, Parochial Administrator 828-0442

Fr. JP Office Hours: M-F until 10am, Tue. 6-8pm

Rev. Mr. Ken Clemens, Deacon

607-2510 or 645-3307 Ext. 201

Rev. Mr. Clyde McEntire, Deacon (Retired)

Sister Mildred Glosemeyer, Music Ministry

Kathleen O'Reilly and Arlene Cleary, Parish Nurses, 644-6805

PARISH STAFF

Anne Arias, Office Manager, 645-3307 Ext. 202

Colleen Eichler, Campus Manager, 644-6787

Daniel Jenkins, Maintenance Assistant, 644-6787

PARISH PASTORAL COUNCIL

Teresa Lunte, Chair

Ellen Simmons, Co-Chair

Marie Mudd, Secretary

Father John Paul Hopping, Deacon Ken Clemens,

Robert Bott, Arlene Cleary, Tom Hannan,

Deborah Lee, Pat Richardson

Schedule

Saturday Mass: 4:00pm

Sunday Mass: 9:30am

Daily Mass: 8:00am

SVDP Food Pantry: Saturdays from 9:30-11:00am

Please pray for:

Linda Amend (parishioner)

Charles Delaney (father of Lynn Gustafson)

Richard and John Graves (brothers of Karen Bish)

Ina Kleffner (parishioner)

Ed Langhammer (parishioner)

Frankie Lubbers (daughter of Kathy and Richard Lubbers)

Eve Meyer (mother of Richard Lubbers)

Betty Paul (parishioner)

Keep our PSR Sacramental students in your prayers!

First Eucharist: Gus Dodson, Perla Eidson, Michael Haberberger, Grace Hannan, Scott Mauk, Fiona McAteer, Elizabeth Prueett,

Aiden Garcia, Michael Strong, Sophia Villani

Confirmation: Luke Arias, Avery Bene, Jason Dodson, Jr., Megan Haberberger, Allison Huff, CJ Kiel, Andrea Lubbers,

Zach Matthews, Sean McCrary, James Pitts,

Leonardo Salazar, Isaiah Springer

Easter Sunday

SCHEDULE FOR THE WEEK

Sunday, March 27

9:30a.m. EASTER SUNDAY MASS
10:30a.m. EASTER EGG HUNT (at Lohkamp's)

Monday, March 28

10:30a.m. SENIOR EXERCISE
1:00p.m. QUILTING
5:00p.m. YAHWEH YOGA

Tuesday, March 29

5:00p.m. ROOM AT THE INN
7:00p.m. CHOIR

Wednesday, March 30

Thursday, March 31

9:00a.m. SMALL FAITH
9:30a.m. QUILTING

Friday, April 1

8:30am-3:00pm ADORATION

Saturday, April 2

4:00p.m. MASS

Sunday, April 3

9:30a.m. MASS
10:30a.m. LITURGY MEETING
10:45a.m. PSR
3:00p.m. MRH CHOIR CONCERT (in Church)

MASS INTENTIONS

Monday, March 28

8:00a.m. Margy Kennedy Bick

Tuesday, March 29

8:00a.m. Joseph Smith

Wednesday, March 30

8:00a.m. Kenneth Atchisson

Thursday, March 31

8:00a.m. Carl Case

Friday, April 1

8:00a.m. Connie Vogt

Saturday, April 2

4:00p.m. Cory Hecht

Sunday, April 3

9:30a.m. Parishioners

READINGS FOR THE WEEK

Monday: Acts 2:14, 22-33; Ps 16:1-2, 5, 7-11;
Mt 28:8-15
Tuesday: Acts 2:36-41; Ps 33:4-5, 18-20, 22;
Jn 20:11-18
Wednesday: Acts 3:1-10; Ps 105:1-4, 6-9; Lk 24:13-35
Thursday: Acts 3:11-26; Ps 8:2, 5-9; Lk 24:35-48
Friday: Acts 4:1-12; Ps 118:1-2, 4, 22-27;
Jn 21:1-14
Saturday: Acts 4:13-21; Ps 118:1, 14-21; Mk 16:9-15
Sunday: Acts 5:12-16; Ps 118:2-4, 13-15, 22-24;
Rv 1:9-11a, 12-13, 17-19; Jn 20:19-31

PARISH NURSE NOTE

Tips for Eating Healthier at Easter - Easter is a day of celebration and indulgence. It is easy to go overboard consuming wine, red meats, and sugary sweets, but it's all about balance. While you can enjoy Cadbury Cream Eggs, you can use these tips to keep you from completely falling off your diet plan.

1. Start with a breakfast of champions when you wake up, loading up on nutrients and filling fiber. Don't go to brunch on an empty stomach.

2. Drink plenty of water. Place thin cucumber and lemon slices in your water glass for a liver-detoxing and digestion-aiding beverage.

3. Fill up on veggies. Before you dive into the cheese plate or Easter basket full of candy, munch on a plate of veggie sticks or salad. The fiber will fill you up so you are less likely to overindulge in the bad stuff.

4. Remember your serving sizes. Serve half the plate with veggies, a quarter with grains and a quarter with protein. Forget the cups and teaspoons, and use your hand as a measuring cup. One thumb equals one serving of cheese. An open palm equals one serving of meat. A closed fist is one serving of fruit or vegetables. A cupped hand is one serving of grains.

5. Enjoy bread and candy last. After you've filled up on veggies and protein, then enjoy the bread and butter, Peeps, jelly-beans or chocolate-covered caramels. While it's tempting to inhale five or six candies in one sitting, slow down and thoroughly savor each bite.

Happy Easter,

Kathleen O'Reilly, Parish Nurse

Ministry Schedule for April 2/3, 2016

Sat. Lectors: C. Haislip, D. Voelker
Sun. Lectors: E. and T. Simmons
Sat. Usher Captain: L. Gustafson
Sun. Usher Captain: C. Davis
Sun. Greeter: S. Lohkamp, M. Tillman
Sat. Servers: B. Gustafson, L. Sabourin
Sun. Servers: C. Long, D. Nations, N. Springer
Sat. EM's: L. and L. Gustafson, S. Kennedy
Sun. EM's: S. Lohkamp, D. Moran, B. Elliott
Sat. Gifts: TBA
Sun. Gifts: TBA



Still hurting from an abortion experience? **Project Rachel/Project Joseph** can help to heal your broken heart – call 314-792-7565.

FROM THE PASTOR'S PEN

Dear People of God,

Christ is Risen! Indeed He is Risen! These are the joyful words of Easter greetings our spiritual ancestors gave to each other in the first centuries. With Jesus' resurrection, everything changed. The ancient fear of death changed to joy of sharing Jesus' jubilant, victorious life in Heaven. Oh, what happiness to be in that place of endless love, to have the intimacy our hearts have craved since we were children, to be where it does not end, with all the people who have loved the Lord in all centuries, all of us together around the Lord Jesus, this will be a joy which we have seen only far off. "Happy Easter!" we say to each other in anticipation of Heaven. Let us all eat something special today to make our joy physical, candy for little ones, eggs for them and us and other delicacies as well. May this be the happiest day of the year!

On behalf of Deacon Ken and myself, we wish to thank everyone who worked so hard to make our Holy Week worship so beautiful. All the ministries of the liturgies, everyone who cleaned and decorated, our staff people who had extra work, we thank you. Let us thank Deacon Ken who has been working to move us forward, and who graciously agreed to take responsibility for Immaculate Conception starting this next week. Thank you all.

This column is written two weeks before Easter, and so we do not know today (March 15th) the total earned by our Fish Fry, but it looks like a successful year. Thanks go to all of our volunteers; we have helped our parish finances, and made friends with neighbors, as well as eaten some delicious entrees and soups. Thank you goes to our young people who washed tables and made their parents proud. Thank you to Cori and Larry Nations who agreed to coordinate the project with little time to do so!

Christ Is Risen! Indeed He Is Risen!
Fr. John-Paul

Scripture Reflection Questions

1. **What were the highlight moments for you in this year's celebration of Holy Week?**
2. **How do you witness to the Resurrection of Christ?**
3. **How strongly do you show that you believe?**
4. **What has been your experience of "believing," but not "understanding?"**

STEWARDSHIP

The Lord has indeed risen, Alleluia! Glory and kingship be his forever and ever. Luke 24:34

As we celebrate Christ's resurrection with joyful hearts, let us renew our promise to protect all life. Pray for courage, wisdom, and hope to go forth as Christians and fulfill the legacy of Jesus. Carry His message with you all the days of your life and know that the Father, Son and Holy Spirit are always with you. This knowledge will be your strength as you serve as Christians stewards.

Remember that Jesus loves you. Ask Jesus to help you see His image in others, and find ways to show others His love.

Weekly Offering



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1st Collection for March 19/20, 2016: TBA

1st Collection Online Giving: TBA

2nd Collection for Health Ministry: TBA

2nd Collection Online Giving: TBA

For online giving go to: <https://www.osvonlinegiving.com/135>



Thanks to the IC Parish for supporting my work in the office for the past nine years. Starting April 4th, I get to fulfill one of my "bucket list" dreams, when I begin a new job at the Maplewood Library. See you at Mass, PSR, and the Food Pantry!! Anne

The Easter Candle decorations represent "The Year of Mercy". The Easter Candle was decorated by Grace and Tom Hannan, Gabbie and Laura Miller, Ellen Simmons and Eileen Lencz.

Keenagers, Thursday, March 31st, 12:00pm, at Maplewood Baptist Church. Following a delightful luncheon at noon, our own Will Rogers—Pastor Bill Affolter—once again brings us his sparkling humor. There will be no charge for lunch this month. To make your lunch reservations, please call Chris at 781-3582 no later than noon on Wednesday, March 30.

Come see Junior Miss at the beautiful McEntee Theatre at Little Flower School, 1275 Boland Place, 63117. Show is April 1, 2, and 3. Curtain at 7:30pm. Tickets \$10/adults, \$8/child. For info and tickets call 314-646-1221.

MRH High School Concert Choir will present a free Community Concert in our church on April 3rd at 3:00pm!!

Reminder/Announcement: Beginning next weekend, the 2nd Collection will be taken up immediately following the first collection.

Ladies Auxiliary #903 is hosting a baby shower to benefit "Sweet Babies" at SSM St. Mary's. Please come join us for food, fun, games, prizes on Tuesday, April 12, 2016 at 6:30pm in the Parish Hall. Please donate new or gently used newborn items to help new moms who choose life and need a jumpstart and support caring for their newborns. If you can't attend, a collection box will be in church April 2nd-10th.

Do you find it difficult to find time to truly relax, quiet your mind and talk to God? A retreat at White House is the perfect opportunity to find peace, quiet and inspiration your soul is looking for. Join the men of our parish on our annual retreat from April 14th to April 17th. All of your meals are provided and everyone receives their own private accommodations. There is no set fee to attend; White House operates on a free-will offering basis. To register call Paul Lohkamp at 644-1292 or Paul Senecal at 781-2611 or visit www.whretreat.org to find additional dates.